

## Nicole Bindler

Performance Maker, Educator, Curator & Writer  
Master Somatic Movement Therapist, [ISMETA](#)  
[www.nicolebindler.com](#)

*Born in 1977, New York, NY. Lives and works in Philadelphia, PA.*

### Education

- 2025 Polestar Pilates Apprentice Certificate, Polestar Pilates
- 2021 Biodynamic Craniosacral Therapy, Lyons Institute
- 2017 Practitioner of Body-Mind Centering, School for Body-Mind Centering
- 2014 Somatic Movement Educator, School for Body-Mind Centering
- 2013 Embodied Developmental Movement and Yoga, School for Body-Mind Centering
- 2011 Embodied Anatomy Yoga, School for Body-Mind Centering
- 2002 Degree in Muscular Therapy, Muscular Therapy Institute
- 1999 Bachelor of Arts with a concentration in Dance and Poetry, Hampshire College

### Selected Choreographic Projects

- 2026 *Blood, Sea*, Philadelphia Art Museum.
- 2025 *Sand in My Soda Pop*, Performance Mix Festival, New York, NY.  
*Sand in My Soda Pop*, FringeArts Scratch Night, Philadelphia, PA.
- 2023 *Blood, Sea*, Studio 34, Philadelphia, PA.
- 2022 *The Case for Invagination #4*, Cannonball Festival / Philly Fringe, Philadelphia, PA.
- 2021 *The Case for Invagination #3*, Body IQ Festival, Berlin, Germany.  
*The Case for Invagination #3*, Cannonball Festival / Philly Fringe, Philadelphia, PA.
- 2020 *Bone Fascia Blood Breath*, Philadelphia Museum of Art.  
*The Case for Invagination #2*, Dixon Place, New York, NY.
- 2019 *The Case for Invagination #2*, Light Box, Detroit, MI.
- 2018 *Blood, Sea*, Performance Garage, Philadelphia, PA.  
*Blood, Sea*, Texas Dance Improvisation Festival, Texas Women's University.  
*WOMEN*, Jews and Jewishness in the Dance World Conference, Arizona State University.
- 2017 *WOMEN*, U.S. tour with Diyar Theater, Philadelphia, Baltimore, Chicago, New York & Hartford.  
*The Case for Invagination*, JACK, Brooklyn, NY.
- 2016 *The Case for Invagination*, FringeArts Scratch Night, Philadelphia, PA.
- 2015 *WOMEN*, created and performed with Diyar Theater, Bethlehem, Palestine.  
*The Dance Apocalypse/Solos*, created with Gabrielle Revlock, JACK, Brooklyn, NY.  
*The Dance Apocalypse*, created with Gabrielle Revlock, Joe's Pub, New York, NY.
- 2014 *I made this for you*, created with Gabrielle Revlock, Kelly Strayhorn Theater, Pittsburgh, PA.  
*I made this for you*, created with Gabrielle Revlock, Seattle International Dance Festival.  
*The Dance Apocalypse*, created with Gabrielle Revlock, FringeArts, Philadelphia, PA.

## Selected Choreographic Projects (continued)

2012 *Ceiling Fan in Philadelphia*, Under Exposed series, Dixon Place, New York, NY.  
*The Dance Apocalypse*, created with Gabrielle Revlock, DraftWork at Danspace Project, New York, NY.  
*I made this for you*, created with Gabrielle Revlock, Dance Place, Washington D.C.  
*Pia Mater*, Performance Garage, Philadelphia, PA.  
*Sand in My Soda Pop*, Center for Performance Research, Brooklyn, NY.

2011 *I made this for you*, created with Gabrielle Revlock, *The AWARD SHOW!* Philadelphia, PA.

2010 *Sand in My Soda Pop*, Community Education Center, Philadelphia, PA.  
*Sand in My Soda Pop*, Una Casa, Buenos Aires, Argentina.  
*Vortical*, Bowerbird, Plays and Players Theater, Philadelphia, PA.

2007 *The Drought*, Hampshire College, Amherst, MA.

2006 *Wrong Boat*, Performance Mix Festival, Joyce Soho, New York, N.Y.  
*My Little Monstrosity*, neW Festival, Drake Theater, Philadelphia, PA.

2005 *Wrong Boat*, Community Education Center, Philadelphia, PA.  
*Print*, Philadelphia Live Arts Festival.

2004 *Print*, Imagine Festival of Arts, Issues and Ideas, WAX, Brooklyn, NY.  
*P.S. 41*, Shawinigan Street Theater Festival, Shawinigan, Quebec.  
*Places I've Never/Been*, La Casa de la Cultura Ecuatoriana, Quito, Ecuador.

2003 *Infirmary*, Transmodern Age Festival, Baltimore, MD.

## Selected Improvisation Projects

2025 *METER: experiments in poetry, music & movement*, Studio 34, Philadelphia, PA.

2024 Collaboration with David Dove, Villanova University, PA.  
Collaboration with David Dove, Lawndale Art Center, Houston TX.

2022 Collaboration with David Dove, Fire Museum Presents at Icebox project space, Philadelphia, PA.

2020 Move Move Collaborative performance, online.

2018 Collaboration with David Dove, Lawndale Art Center, Houston TX.

2017 Collaboration with Leslie Scates and David Dove, MECA, Houston TX.

2016 *Everything*, created with Ashley Tini, Fidget Space, Philadelphia, PA.

2015 *Marrow*, created with Curt Haworth, MOVE DANCE THINK FEST, Philadelphia, PA.

2014 *leftrightwaterice*, created with Any Hayleck and Curt Haworth, Performance Mix Festival, NYC.

2013 *Invisible*, created with Any Hayleck, Sonic Circuits Festival, Washington, DC.  
*Acapella*, SomaFest, Dance New Amsterdam, New York, NY.  
*Levitate*, created with Bhab Rainey and Curt Haworth, Cultivate Festival, Bethlehem, NH.  
*Levitate*, created with Curt Haworth, Earthdance Moving Arts Lab, Plainfield, MA.

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### Selected Improvisation Projects (continued)

- 2013 *Invisible*, created with Andy Hayleck, SOS Festival, Shepherdstown, WV.
- 2012 Collaboration with Gene Coleman and Troy Herion, Thirdbird at Abrons Arts Center, NYC.
- 2011 Collaboration with Lower Left, Crowley Theater, Marfa, TX.
- 2009 Collaboration with Raed Yassin, IRTIJAL09', Beirut, Lebanon.  
Collaborations with various participants, Xfest, Lowell, MA.  
*Welcome House*, created with Liza Clark, First Person Arts Festival, Philadelphia, PA.
- Collaboration with Gene Coleman, Bowerbird, Plays and Players Theater, Philadelphia, PA.
- 2008 Collaboration with Corrie Befort, Fireside Festival, Seattle, WA.  
*SoundSpace Japan/USA*, Mascher Space Cooperative, Philadelphia, PA.
- 2007 *New Dance/Japan residency performance*, in collaboration with Corrie Befort. Tokyo, Japan.
- 2006 *Tabadol Project*, Kennedy Center, Washington, D.C.
- 2005 Tour with Leonel Kaplan, Buenos Aires, Cordoba, Rosario & Jujuy, Argentina.  
*Aquatic Uncle*, created with Andy Hayleck D.C. Improvisation Festival, Washington, D.C.
- 2004 Collaborations with various participants, High Zero Festival, Baltimore, MD.

### Selected Curatorial Projects

- 2025 *Dance Dance for Liberation* with Dancers for Palestine, Studio 34, Philadelphia, PA.
- 2024 *Unpacking Zionism in Modern Dance* with Leila Mire, Studio 34, Philadelphia, PA.
- 2023 *Contact Improvisation workshop* with Taja Will, The Whole Shebang, Philadelphia, PA.  
*Axis Syllabus workshop* with Nuria Bowart, The Whole Shebang, Philadelphia, PA.
- 2022 *Dance films by Palestinian Artists*, Fidget Space, Philadelphia, PA.
- 2020 *Consent Culture and Contact Improvisation Symposium* in collaboration with Earthdance, online.
- 2017 *The Judaica Project* with Ben Spatz, FringeArts & The Whole Shebang, Philadelphia, PA.  
*Honing the Honest Body* with Neige Christenson, Performance Garage, Philadelphia, PA.
- 2016 *Palestinian Artist Showcase*, The Whole Shebang, Philadelphia, PA.
- 2015 *Making the Mystery Visible* with Nancy Stark-Smith, University of the Arts, Philadelphia, PA.
- 2013 *FALLS BRIDGE* featuring Lower Left, University of the Arts & Mascher Space, Philadelphia, PA.
- 2012 *Deborah Hay Solo Festival*, University of the Arts & Fidget Space, Philadelphia, PA.  
*FALLS BRIDGE*, featuring Ishmael Houston-Jones and Yvonne Meier, University of the Arts & Mascher Space, Philadelphia, PA.
- 2011 *TEMPORARY NOW*, Fidget Space, Philadelphia, PA.  
*FALLS BRIDGE*, Featuring K.J. Holmes, University of the Arts & Mascher Space, Philadelphia, PA.
- 2008-2011 *StudioSeries*, Studio 34, Philadelphia PA.
- 2003 Zaitoun Dance Troupe fundraiser for Grassroots International, Green Street Studios, Boston, MA.

## Selected Performance Projects

- 2024 *After YES*, created by Meghan Frederick, Studio 34, Philadelphia, PA.
- 2023 *The Pains and Pleasures of Aging*, created by Sheila Zagar, CEC, Philadelphia, PA.
- 2019 *I Think Not*, created by Deborah Hay, Fidget Space, Philadelphia, PA.
- 2017 *Lick my Gun*, created by Zornitsa Stoyanova, Mascher Space Cooperative, Philadelphia, PA.
- 2012 *I Think Not*, created by Deborah Hay, Unidad De Vinculación Artística, Mexico City.  
*I Think Not*, created by Deborah Hay, Performance Mix Festival, New York, NY.
- 2008 *Curious Fish*, created by Katsura Kan, Mascher Space Cooperative, Philadelphia, PA.  
*Bodies in Urban Spaces*, created by Willi Doerner, Philadelphia Live Arts Festival.
- 2006 *Ensemble Improvisation*, created by Asimina Chremos, Philadelphia Dance Projects, Philadelphia, PA.  
*What a Quaint Scene We Were That Night*, created by PIMA Group, CEC, Philadelphia, PA.
- 2005 *Bardo*, created by Leah Stein Dance Company, Philadelphia Live Arts Festival.  
*Lost Spirits*, created by Ju-Yeon Ryu, Philadelphia Museum of Art.
- 2004 *The Crazy One: A Love Story*, created by Debra Bluth, Boston College.
- 2002 *CHIMERAlab Theatre Project*, created by Jennifer Hicks, Mobius, Boston, MA.
- 2001 *Nightfalling*, created by Brenda Divelbliss, Emerson Majestic Theater, Boston, MA.

## Grants & Awards

- 2026 Illuminate the Arts Grant, Office of Arts, Culture and the Creative Economy.
- 2025 Leeway Foundation Window of Opportunity Grant: *Embodying Palestine Solidarity*.
- 2024 Leeway Foundation Window of Opportunity Grant: *Embodying Palestine Solidarity*.  
Leeway Foundation Window of Opportunity Community Care Fund.
- 2023 Leeway Foundation Window of Opportunity Community Care Fund.
- 2022 Dance Studies Association Conference Fellowship.  
Illuminate the Arts Grant, Office of Arts, Culture and the Creative Economy.  
Leeway Foundation Window of Opportunity Community Care Fund.
- 2021 Illuminate the Arts Grant, Office of Arts, Culture and the Creative Economy.  
Leeway Foundation Window of Opportunity Community Care Fund.
- 2020 COVID-19 Arts Aid PHL, Office of Arts, Culture and the Creative Economy.  
Leeway Foundation Window of Opportunity Relief Fund.
- 2016 Ellen Foreman Memorial Award: *Blood, Sea* with the Drexel University Dance Ensemble.
- 2015 Leeway Foundation Art and Change Grant: *WOMEN* with Diyar Theater.  
Puffin Foundation: *Chicken Fight* with Gabrielle Revlock.
- 2013 PEW Center for Arts and Heritage Planning Grant: *The Dance Apocalypse* with Gabrielle Revlock.
- 2012 Live Arts Brewery, subsidized Composition intensive and artist stipend with Susan Rethorst.

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### Grants & Awards (continued)

2012 Pennsylvania Partners in the Arts, Project Stream Grant: *Deborah Hay Solo Festival*.  
Philadelphia Cultural Management Initiative: *Mascher Space Cooperative Retreat*.

2011 A.W.A.R.D. Show! finalist, *I made this for you*, in collaboration with Gabrielle Revlock.  
Dance Advance Professional Development Grant: *March to Marfa intensive with Barbara Dilley*.  
Live Arts Brewery, subsidized *Kalari intensive* and artist stipend with Jayachandran Palazhy.  
New Stages for Dance Initiative theater rental subsidy support for the performance of *Pia Mater*.

2010 Dance Advance Professional Development Grant: *Deborah Hay, SPCP*, Findhorn, Scotland.

2009 Foundation For Contemporary Arts Emergency Grant: Travel to Beirut to perform in *IRTIJAL'09*.  
Dance Advance Professional Development Grant: *Dance Ranch Marfa* with Lower Left.

2008 Dance Advance Professional Development Grant: *Katsura Kan residency* at Mascher Space.  
Dance Advance Professional Development workshop and participant stipend with Deborah Hay.

2007 Dance Advance Professional Development Grant: *New Dance/Japan residency* with Corrie Befort.

### Selected Residencies

2025 Advanced CI lab for experienced practitioners, Dreaming Stone, Rutherfordton, NC.

2024 Advanced CI lab for experienced practitioners, Dreaming Stone, Rutherfordton, NC.

2021 Catwalk Art Residency, Catskill, NY.

2020 Move Move Collaborative, online.

2019 Light Box Residency, Detroit, MI.

2019 Open Space Residency, The Whole Shebang, Philadelphia, PA.

2018 Guest Artist Residency, University of Wisconsin, Milwaukee.

2017 Co-Lab Residency, St. Mary's College of Maryland.

2016 The Wedding Space, Berlin, Germany.

2007-2016 Mascher Space Cooperative, Philadelphia, PA.

2015 Cross Pollination Residency, Philadelphia, PA.

2013 Place [Maker] Space residency, Earthdance, Plainfield, MA.

2009 Improvisation practice with Asimina Chremos at Silverspace, Chicago, IL.

### Publications

2024 *Embodying our Little Legs: the embryology of the genitalia from a nonbinary perspective*; BMC Currents.

2023 *The Case for Invagination #3*; Emergency INDEX, Ugly Duckling Presse.

2021 *Intentional Reemergence: dreaming the aftertime*; thINKingDANCE.

## Publications (continued)

2020 *Death Is Kinda Busy These Days*; thINKingDANCE.  
*In This Moment We Remember and Fortify*; thINKingDANCE.  
*In This Moment We Dream*; thINKingDANCE.  
*In This Moment We Use Our Superpowers*; thINKingDANCE.  
*In This Moment, 'Rich with Terror and Vitality'*; thINKingDANCE.  
*The Splitting of the Moon\**, *Like an Old Widower's Heart*; thINKingDANCE.

2019 *Embodying Palestine Solidarity*; American Jewish Studies Perspectives.  
*Reflections on the Site/Sound Festival*; Site/Sound blog.  
*Palestinian Dance and the Obfuscation of Somatic Source Material*; Somatics Toolkit.  
*A Non-Binary Guide to Embodying One's Embryonic Gonads*; Somatics Toolkit.

2018 *The Sea as a Doorway and a Border*; thINKingDANCE.  
*On Bias and Neutrality in CI*; Contact Quarterly.

2017 *A guide to clitoral embodiment*; Journal of Dance & Somatic Practices.  
*Clitoral Embodiment: a non-binary approach to experiencing the genitalia*; Contact Quarterly.  
*The Dance Apocalypse/Solos with Gabrielle Revlock*; Emergency INDEX, Ugly Duckling Presse.  
*Women on the Border of Freedom*; thINKingDANCE.  
*How Does a Clown Deal with Change?*; thINKingDANCE.  
*Being a Pig in the Village*; thINKingDANCE.  
*Killer Sideburns' Stochastic Stars*; thINKingDANCE.  
*Grappling With Whiteness in a Field of Poppies*; thINKingDANCE.

2016 *Jerome Bel's Utopia in a Box*; thINKingDANCE.  
*Free Advice and an Interview with Farah Saleh*; thINKingDANCE.  
*Archiving Occupation, Identity and Resistance*, with Hadar Ahuvia; thINKingDANCE.  
*Dancing in Bethlehem: A Diary*; Jewish Currents.

2015 *Women*; thINKingDANCE.  
*I hate it*, with Gabrielle Revlock; Curate This.  
*Greg the Creature, the Human*; thINKingDANCE.  
*Jewish American Choreographers Grapple with Zionism and the Nakba*; thINKingDANCE.

2014 *Black Girl*; thINKingDANCE.  
*Palestinian Dabke Makes its Way to the Annenberg*; thINKingDANCE.  
*Luscious Sadness*; thINKingDANCE.  
*Ugly Numbers, three part series on gender inequity in Philadelphia dance presenting*; thINKingDANCE.  
*Nation-State as Cell*; BMC Currents.

2013 *Context within the content: A zen dilemma? Or a writer's responsibility?*; thINKing DANCE.  
*Restless Narratives in a Funereal Juke Joint*; thINKing DANCE.  
*Horror and Humor in a Fictional Cold-War Society*; thINKing DANCE.

**Publications (continued)**

2013 *Deborah Hay in Philadelphia*, with Gregory Holt; Movement Research's Critical Correspondence.

2012 *Meaning Reveals Itself (Through the Dance)*; Susan Rethorst project through Bryn Mawr College.  
*I made this for you*, with Gabrielle Revlock; Emergency INDEX, Ugly Duckling Presse.  
*Contact Festival Freiburg Report*, with Joey Lehrer; Contact Quarterly.

**Selected Teaching and Speaking Experience**

2005-2026 *Contact Improvisation*, Rotating local studios, Philadelphia, PA.

2025 *Embodying Palestine Solidarity*, Cannonball Festival Extension Programming, Philadelphia PA.  
*Myofascial Release in Contact Improvisation*, Baza space for choreographic research, Sofia, Bulgaria.  
*Myofascial Release in Contact Improvisation*, West Coast Contact Improvisation Jam, Berkeley, CA.  
*CI and Attunement: consent as an embodied practice*, Ontario Regional Contact Jam, Toronto, ON.  
*Embodying the Organs in Voice and Contact Improvisation*, WildHeart, Wallkill, NY.

2024 *Embodying Palestine Solidarity*, Movement Research and YallaPunk, New York, NY.  
*Myofascial Release in Voice and Contact Improvisation*, WildHeart, Wallkill, NY.  
*Museum Mindfulness*, Philadelphia Museum of Art, Philadelphia PA.  
*Embodying Palestine Solidarity*, Chicago Dancemaker's Forum, Chicago, IL.  
*CI and Attunement: consent as an embodied practice*, CI Study Hall, Chicago, IL.

2024 *Embodying the Endocrine System*, Vox Populi, Philadelphia, PA.

2023 *Embodying Neuroqueer/Neuroqueering Embodiment*, International Theatre Institute, Berlin, Germany.  
*Embodying Neuroqueer/Neuroqueering Embodiment*, Wawerskie Centrum Kultury, Poland.

2022 *Collectivity/Invagination*, Ponderosa, Lunow-Stolzenhagen, Germany.  
*Contact Improvisation and Consent Training*, CI Leipzig Community Workshop, Germany.  
*Embodying Neuroqueer/Neuroqueering Embodiment*, Sandberg Instituut, Amsterdam, Netherlands.  
*Scar Talk*, University of Roehampton, London, UK.  
*Lecture on Palestinian Contemporary Dance*, Dance Studies Association Conference, Vancouver, BC.  
*Somatics and Improvisation*, Cornish College, Seattle, WA.  
*Matching Tone/Matching Power*, CI Eugene Community Workshop, OR.  
*Blood, Sea*, CI@50, Oberlin College, OH.  
*Scar Talk*, Body-Mind Centering Conference, online.

2021 *Conversation with Nicole Bindler*, ACT / RE / ACT PODCAST.  
*Polyvagal Theory and Protest*, Sandberg Instituut, Amsterdam, Netherlands.  
*Clitoral Embodiment*, Wawerskie Centrum Kultury, Poland.  
*Clitoral Embodiment*, Somatische Akademie Berlin, Germany.  
*Clitoral Embodiment*, Somatic Kin, Bern, Switzerland.

## Selected Teaching and Speaking Experience (continued)

2021 *Intentional Reemergence: dreaming the aftertime*, Future of CI Conference, online.

2020 *Consent Culture; CI and Body-Mind Centering*, Warsaw CI Flow International Dance Festival, online.

*Beyond Sex: consent as liberation*, Consent Culture in Contact Improvisation Symposium, online.

*Somatic Aesthetics & Polyvagal Theory and Protest*, Freeskewl, online.

*The Embryology of Voice and Hearing*, Move Move Collaborative, online.

2019 *Clitoral Embodiment*, Body IQ Festival, Berlin, Germany.

*Contact Improvisation and Consent*, Contact Impro Leipzig, Germany.

*Improvisation for Mixed Abilities*, Tanzlabor Leipzig, Germany.

*Clitoral Embodiment*, Rosa Linde, Leipzig, Germany.

*Contact Improvisation and Consent & The Immune-Neuro-Endocrine System*. CI Warsaw, Poland.

*Somatic Aesthetics*, Mascher Space's 155 Swan Song Festival, Philadelphia, PA.

*Matching Tone/Matching Power*, Body-Mind Centering Festival, Albany, NY.

*Disability Justice*, International Conference on Disability Studies, Arts & Education, Philadelphia, PA.

*Embody Palestine Solidarity*, Conney Conference on Jewish Arts, New York, NY.

*Somatic Aesthetics*, Light Box, Detroit, MI.

*Blood, Sea*, Collective Sweat, Detroit, MI.

*The Deadly Exchange*, YallaPunk, Philadelphia, PA.

*Spiritual Bypassing Lecture*, Ontario Regional Contact Improvisation Dance Jam, Toronto, Canada.

*Clitoral Embodiment*, Women in Dance Leadership Conference, Philadelphia, PA.

*Blood, Sea & Contact Improvisation and Consent*, Potsdam Contact Improvisation Jam, Germany.

*Clitoral Embodiment*, Ponderosa, Lunow-Stolzenhagen, Germany.

*Blood, Sea*, Berlin Contact Improvisation Festival, Germany.

*Matching Tone/Matching Power*, Links Hall, Chicago, IL.

*Embody Anatomy*, Drexel University, Philadelphia, PA.

2018 *Disability Justice*, Falling Leaves Jam, Earthdance, Plainfield, MA.

*Contemporary Dance & Composition*, University of Wisconsin, Milwaukee.

*Embody Palestine Solidarity*, University of Minnesota, Minneapolis.

*Embody Palestine Solidarity*, Hamline University, St Paul, MN.

*Embody Palestine Solidarity*, Jews and Jewishness in the Dance World, Arizona State University.

*Improvisation technique*, Arizona State University.

*Contact Improvisation*, Texas Dance Improvisation Festival, Texas Women's University.

*Embody Palestine Solidarity*, University of Texas, Austin.

*Clitoral Embodiment*, Goldsmith's University, London, UK.

*Blood, Sea*, Ontario Regional Contact Improvisation Dance Jam, Toronto, Canada.

*Blood, Sea*, The Place, London, UK.

*Clitoral Embodiment*, Dock 11, Berlin, Germany.

***Selected Teaching and Speaking Experience (continued)***

2018 *Contact Improvisation and Consent*, Radical Contact, Gothenberg, Sweden.  
*Contact Improvisation and Consent*, Finnish Hall, Berkeley, CA.  
*Clitoral Embodiment*, Body-Mind Centering Association Conference, Northampton, MA.

2016-2018 *Dance Improvisation*, University of Pennsylvania PennArts program, Philadelphia, PA.

2017 *Embodying Equity*, Falling Leaves Jam, Earthdance.  
*Embodying Palestine Solidarity*, Bodily Undoing Symposium, Bath Spa University, UK.  
*Clitoral Embodiment*, Body-Mind Centering Festival, Albany, NY.  
*Embodying Embryology*, Texas Dance Improvisation Festival, Texas Christian University.  
*Ensemble choreography*, Drexel University, Philadelphia, PA.  
*Contemporary Dance & Composition*, St Mary's College of Maryland.

2016-2017 *Body-Mind Centering*, Pennsylvania chapter, Dance Movement Therapists Association.

2013-2017 *Dance Science and Somatics*, Temple University, Philadelphia, PA.

2011-2017 *Improvisation; Experiential Anatomy; Somatics & Yoga*, University of the Arts, Philadelphia, PA.

2016 *Contemporary Dance Performance Practice*, University of Pennsylvania, Philadelphia, PA.  
*Embodying Embryology*, The Mütter Museum, Philadelphia, PA.

2015 *The Embodied Activist*, iLand, New York, NY.

2014-2015 *Anatomy for Asana*, Nahed Elias Bandak Yoga Studio, Bethlehem, Palestine.  
*Dance technique; Composition*, Diyar Dance Theater, Bethlehem, Palestine.

2007-2014 *Somatics & Performance Practice*, Wild Meadows Improvisation Intensive, Schellsburg, PA.

2013 *Somatic Aesthetics: Composing from Within*, Earthdance Moving Arts Lab, Plainfield, MA.  
*Somatic Aesthetics: Composing from Within*, Cultivate Festival, Bethlehem, NH.  
*Somatic Aesthetics: Composing from Within*, SOS Festival, Shepherdstown, WV.

2012 *Somatic Aesthetics: Contact Improvisation and Composing from Within*, Capital Jam, Washington, D.C.

2011 *Contact Improvisation*, Contact Festival Freiburg, Germany.  
*Gender Inequity in Contemporary Dance*, Moore College of Art and Design, Philadelphia, PA.  
*Embodied Anatomy Yoga*, Estudio Gabriela Morales Rosario, Argentina.  
*Contact Improvisation*, San Telmo Studio, Buenos Aires, Argentina.

2010 *Embodied Anatomy*, nEW Festival, Philadelphia, PA.  
*Contact Improvisation*, Ursinus College, Collegeville, PA.  
*Free-Improvisation for Musicians and Dancers*, Bowerbird, Philadelphia, PA.  
*Contact Improvisation*, Estudio Gabriela Morales, Rosario and Buenos Aires, Argentina.

2008 *Contact Improvisation & Performance Practice*, Grassroots Studio, Seattle, WA.

2005 *Contact Improvisation*, Buenos Aires, Rosario, Cordoba & Jujuy, Argentina.

2004 *Contemporary Dance*, Green Street Studios, Cambridge, MA.

2003 *Contact Improvisation*, Before the Jam series, Cambridge, MA.  
*Contemporary Dance*, Links Hall, Chicago, IL.

## Selected Professional Development

2022-2025 *The Spirit of Anatomy*, George Russell, New York, NY.

2024 *Feldenkrais*, Jimena Paz, Movement Research, New York, NY.  
*Horizons*, Irene Dowd, Movement Research, New York, NY.

2023 *Contact Improvisation*, K.J. Holmes, Movement Research, New York, NY.  
*Contact Improvisation*, Taja Will, The Whole Shebang, Philadelphia, PA.

2022 *Axis Syllabus*, Nuria Bowart, The Field Center, Bellows Falls, VT.

2021 *Improvisation intensive*, Megan Bridge, Fidget Space, Philadelphia, PA.

2019 *Choreography for Warming-up to Dance*, Irene Dowd, Movement Research, New York, NY.

2018 *Release your Voice Intensive*, Elissa Weinzimmer, online.  
*Moving's View*, Nancy Stark Smith and Karen Nelson, Earthdance, Plainfield, MA.

2017 *The Edge is a Field*, Deborah Hay, Movement Research, New York, NY.  
*Contact Improvisation*, Neige Christenson, Performance Garage, Philadelphia, PA.

2016 *Repertory workshop*, Boris Charmatz. Drexel University, Philadelphia, PA.

2015 *Contact Improvisation*, Nancy Stark Smith, University of the Arts, Philadelphia, PA.

2014 *Dance intensive*, Luciana Achugar, Mascher Space Cooperative, Philadelphia, PA.

2007-2014 *Bartenieff Fundamentals*, Sharon Mansur, Wild Meadows, Schellsburg, PA.

2007-2014 *Viewpoints*, Cyrus Khamabtta, Wild Meadows, Schellsburg, PA

2013 *Franklin Method*, Shannon Murphy, Mascher Space Cooperative, Philadelphia, PA.  
*Composition*, Michelle Boulé, Mascher Space Cooperative, Philadelphia, PA.  
*Ensemble Thinking*, Lower Left, Falls Bridge Festival, Philadelphia, PA.

2012 *Improvisation*, Ishmael Houston-Jones and Yvonne Meier, Falls Bridge Festival, Philadelphia, PA.  
*Composition*, Susan Rethorst, Live Arts Brewery, Philadelphia, PA.  
*Performance Practice*, Deborah Hay, Philadelphia, PA.

2011 *Composition*, John Jasperse, Live Arts Brewery, Philadelphia, PA.  
*Red Square*, Barbara Dilly, Marfa, TX.  
*Contact Improvisation*, Karen Nelson, Contact Festival Freiburg, Germany.  
*Solo Performance Commissioning Project*, Deborah Hay, Findhorn, Scotland.  
*Yoga; Bharatanatyam & Kalari*, Jayachandran Palazhy, Live Arts Brewery, Philadelphia, PA.

2010 *Axis Syllabus*, Kira Kirsch, Mascher Space Cooperative, Philadelphia, PA.

2009 *Ensemble Thinking*, Lower Left, Marfa, TX.

2008 *Butoh*, Katsura Kan, Mascher Space Cooperative, Philadelphia, PA.  
*Composition*, Miguel Gutierrez, Mascher Space Cooperative, Philadelphia, PA.  
*Performance Practice*, Deborah Hay, Mascher Space Cooperative, Philadelphia, PA.

2007 *Butoh*, Yoshito Ohno, Yokohama, Japan.

2005 *Ordinary/Extraordinary Theater workshop*, Pig Iron Theater Co., Philadelphia, PA.

## Selected Bibliography

2024 Donovan, Lu "Modern Dance, Zionism, And A Free Palestine," *thINKingDANCE*, January 15

2023 Mason, Ella-Gabriel, "Locating The Sea Inside," *thINKingDANCE*, June 21

2020 Pathak, Preeti, "Primordial Pasts To Future Visions At The PMA," *thINKingDANCE*, February 10

2019 Bush, Leslie, "Single Thing, Infinite Folds," *thINKingDANCE*, November 2

2018 Hopfield, Maddie, "Swimming Toward Meaning," *thINKingDANCE*, May 15

2016 Stein, Jonathan, "Empowered Responses To Occupation From Palestinian Contemporary Dance," *thINKingDANCE*, November 29

Stern, Megan, "Dropping Into Everything," *thINKingDANCE*, June 1

2015 Stoyanova, Zornitsa, "Performing The Self In Rage – The Life Of An Artist," *thINKingDANCE*, December 1

Surkan, Karl, "Interview With The Dance Apocalypse," *thINKingDANCE*, November 12

Gaydos, Katie, "Nicole Bindler and Gabrielle Revlock's The Dance Apocalypse/Solos at JACK," *Culturebot*, April 13

Batson, Quinn, "Not What You Were Expecting Dance Apocalypse present Solos at JACK, OFFOFFOFF Dance, April

2014 Totino, Adrienne, "Philadelphia duo uses humor in a work about beauty and competition," *Pittsburgh Examiner*, July 28

Chantelois, Miranda, "SIDF Culminates With a Bang," *Seattle Dances*, June 27

Jamison, Mikala, "The Dance Apocalypse: You never know what you're gonna get," *Philadelphia City Paper*, April

Chenoweth, Ellen, "Performance Art Physical Education," *thINKingDANCE*, April 7

Algorri, Rita, "CardioCreativity (Dance Apocalypse): A Not-So-Blue Monday," *Phindie*, March 26

2013 Weber, Becca, "Questioning Conventions, And Questioning The Questioning At Scratch Night," *thINKingDANCE*, March 13

Weber, Becca, "Improvisation For All Tastes?" *thINKingDANCE*, January 28

2012 Weber, Becca, "I Think Not, I Think Not, I Think Not," *thINKingDANCE*, November 28

Bridge, Megan, "Listening: Improvised Performances At Falls Bridge," *thINKingDANCE*, January 18

2011 Thomas, R. Eric, "Wish You Were Here: "Fresh Juice" Serves Up Age Old Questions In A New Vessel," *thINKingDANCE*, October 28

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