

## Nicole Bindler

Performance Maker, Educator, Curator & Writer  
Master Somatic Movement Therapist, [ISMETA](http://ISMETA.com)  
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*Born in 1977, New York, NY. Lives and works in Philadelphia, PA.*

### Education

- 2025 Polestar Pilates Apprentice Certificate, Polestar Pilates
- 2021 Biodynamic Craniosacral Therapy, Lyons Institute
- 2017 Practitioner of Body-Mind Centering, School for Body-Mind Centering
- 2014 Somatic Movement Educator, School for Body-Mind Centering
- 2013 Embodied Developmental Movement and Yoga, School for Body-Mind Centering
- 2011 Embodied Anatomy Yoga, School for Body-Mind Centering
- 2002 Degree in Muscular Therapy, Muscular Therapy Institute
- 1999 Bachelor of Arts with a concentration in Dance and Poetry, Hampshire College

### Selected Choreographic Projects

- 2026 *Blood, Sea*, Philadelphia Art Museum.
- 2025 *Sand in My Soda Pop*, Performance Mix Festival, New York, NY.  
*Sand in My Soda Pop*, FringeArts Scratch Night, Philadelphia, PA.
- 2023 *Blood, Sea*, Studio 34, Philadelphia, PA.
- 2022 *The Case for Invagination #4*, Cannonball Festival / Philly Fringe, Philadelphia, PA.
- 2021 *The Case for Invagination #3*, Body IQ Festival, Berlin, Germany.  
*The Case for Invagination #3*, Cannonball Festival / Philly Fringe, Philadelphia, PA.
- 2020 *Bone Fascia Blood Breath*, Philadelphia Museum of Art.  
*The Case for Invagination #2*, Dixon Place, New York, NY.
- 2019 *The Case for Invagination #2*, Light Box, Detroit, MI.
- 2018 *Blood, Sea*, Performance Garage, Philadelphia, PA.  
*Blood, Sea*, Texas Dance Improvisation Festival, Texas Women's University.  
WOMEN, Jews and Jewishness in the Dance World Conference, Arizona State University.
- 2017 WOMEN, U.S. tour with Diyar Theater, Philadelphia, Baltimore, Chicago, New York & Hartford.  
*The Case for Invagination*, JACK, Brooklyn, NY.
- 2016 *The Case for Invagination*, FringeArts Scratch Night, Philadelphia, PA.
- 2015 WOMEN, created and performed with Diyar Theater, Bethlehem, Palestine.  
*The Dance Apocalypse/Solos*, created with Gabrielle Revlock, JACK, Brooklyn, NY.  
*The Dance Apocalypse*, created with Gabrielle Revlock, Joe's Pub, New York, NY.
- 2014 *I made this for you*, created with Gabrielle Revlock, Kelly Strayhorn Theater, Pittsburgh, PA.  
*I made this for you*, created with Gabrielle Revlock, Seattle International Dance Festival.  
*The Dance Apocalypse*, created with Gabrielle Revlock, FringeArts, Philadelphia, PA.

## **Selected Choreographic Projects (continued)**

- 2012 *Ceiling Fan in Philadelphia*, Under Exposed series, Dixon Place, New York, NY.  
*The Dance Apocalypse*, created with Gabrielle Revlock, DraftWork at Danspace Project, New York, NY.  
*I made this for you*, created with Gabrielle Revlock, Dance Place, Washington D.C.  
*Pia Mater*, Performance Garage, Philadelphia, PA.  
*Sand in My Soda Pop*, Center for Performance Research, Brooklyn, NY.
- 2011 *I made this for you*, created with Gabrielle Revlock, *The AWARD SHOW!* Philadelphia, PA.
- 2010 *Sand in My Soda Pop*, Community Education Center, Philadelphia, PA.  
*Sand in My Soda Pop*, Una Casa, Buenos Aires, Argentina.  
*Vortical*, Bowerbird, Plays and Players Theater, Philadelphia, PA.
- 2007 *The Drought*, Hampshire College, Amherst, MA.
- 2006 *Wrong Boat*, Performance Mix Festival, Joyce Soho, New York, N.Y.  
*My Little Monstrosity*, neW Festival, Drake Theater, Philadelphia, PA.
- 2005 *Wrong Boat*, Community Education Center, Philadelphia, PA.  
*Print*, Philadelphia Live Arts Festival.
- 2004 *Print*, Imagine Festival of Arts, Issues and Ideas, WAX, Brooklyn, NY.  
*P.S. 41*, Shawinigan Street Theater Festival, Shawinigan, Quebec.  
*Places I've Never/Been*, La Casa de la Cultura Ecuatoriana, Quito, Ecuador.
- 2003 *Infirmity*, Transmodern Age Festival, Baltimore, MD.

## **Selected Improvisation Projects**

- 2025 *METER: experiments in poetry, music & movement*, Studio 34, Philadelphia, PA.
- 2024 Collaboration with David Dove, Villanova University, PA.  
Collaboration with David Dove, Lawndale Art Center, Houston TX.
- 2022 Collaboration with David Dove, Fire Museum Presents at Icebox project space, Philadelphia, PA.
- 2020 Move Move Collaborative performance, online.
- 2018 Collaboration with David Dove, Lawndale Art Center, Houston TX.
- 2017 Collaboration with Leslie Scates and David Dove, MECA, Houston TX.
- 2016 *Everything*, created with Ashley Tini, Fidget Space, Philadelphia, PA.
- 2015 *Marrow*, created with Curt Haworth, MOVE DANCE THINK FEST, Philadelphia, PA.
- 2014 *leftrighwaterice*, created with Any Hayleck and Curt Haworth, Performance Mix Festival, NYC.
- 2013 *Invisible*, created with Any Hayleck, Sonic Circuits Festival, Washington, DC.  
*Acapella*, SomaFest, Dance New Amsterdam, New York, NY.  
*Levitate*, created with Bhub Rainey and Curt Haworth, Cultivate Festival, Bethlehem, NH.  
*Levitate*, created with Curt Haworth, Earthdance Moving Arts Lab, Plainfield, MA.

## **Selected Improvisation Projects (continued)**

- 2013 *Invisible*, created with Andy Hayleck, SOS Festival, Shepardstown, WV.
- 2012 Collaboration with Gene Coleman and Troy Herion, Thirdbird at Abrons Arts Center, NYC.
- 2011 Collaboration with Lower Left, Crowley Theater, Marfa, TX.
- 2009 Collaboration with Raed Yassin, IRTIJAL09', Beirut, Lebanon.  
Collaborations with various participants, Xfest, Lowell, MA.  
*Welcome House*, created with Liza Clark, First Person Arts Festival, Philadelphia, PA.  
Collaboration with Gene Coleman, Bowerbird, Plays and Players Theater, Philadelphia, PA.
- 2008 Collaboration with Corrie Befort, Fireside Festival, Seattle, WA.  
*SoundSpace Japan/USA*, Mascher Space Cooperative, Philadelphia, PA.
- 2007 *New Dance/Japan residency performance*, in collaboration with Corrie Befort. Tokyo, Japan.
- 2006 *Tabadol Project*, Kennedy Center, Washington, D.C.
- 2005 Tour with Leonel Kaplan, Buenos Aires, Cordoba, Rosario & Jujuy, Argentina.  
*Aquatic Uncle*, created with Andy Hayleck D.C. Improvisation Festival, Washington, D.C.
- 2004 Collaborations with various participants, High Zero Festival, Baltimore, MD.

## **Selected Curatorial Projects**

- 2025 *Dance Dance for Liberation* with Dancers for Palestine, Studio 34, Philadelphia, PA.
- 2024 *Unpacking Zionism in Modern Dance* with Leila Mire, Studio 34, Philadelphia, PA.
- 2023 *Contact Improvisation workshop* with Taja Will, The Whole Shebang, Philadelphia, PA.  
*Axis Syllabus workshop* with Nuria Bowart, The Whole Shebang, Philadelphia, PA.
- 2022 *Dance films by Palestinian Artists*, Fidget Space, Philadelphia, PA.
- 2020 *Consent Culture and Contact Improvisation Symposium* in collaboration with Earthdance, online.
- 2017 *The Judaica Project* with Ben Spatz, FringeArts & The Whole Shebang, Philadelphia, PA.  
*Honing the Honest Body* with Neige Christenson, Performance Garage, Philadelphia, PA.
- 2016 *Palestinian Artist Showcase*, The Whole Shebang, Philadelphia, PA.
- 2015 *Making the Mystery Visible* with Nancy Stark-Smith, University of the Arts, Philadelphia, PA.
- 2013 *FALLS BRIDGE* featuring Lower Left, University of the Arts & Mascher Space, Philadelphia, PA.
- 2012 *Deborah Hay Solo Festival*, University of the Arts & Fidget Space, Philadelphia, PA.  
*FALLS BRIDGE*, featuring Ishmael Houston-Jones and Yvonne Meier, University of the Arts & Mascher Space, Philadelphia, PA.
- 2011 *TEMPORARY NOW*, Fidget Space, Philadelphia, PA.  
*FALLS BRIDGE*, Featuring K.J. Holmes, University of the Arts & Mascher Space, Philadelphia, PA.
- 2008-2011 *StudioSeries*, Studio 34, Philadelphia PA.
- 2003 Zaitoun Dance Troupe fundraiser for Grassroots International, Green Street Studios, Boston, MA.

## **Selected Performance Projects**

- 2024 *After YES*, created by Meghan Frederick, Studio 34, Philadelphia, PA.
- 2023 *The Pains and Pleasures of Aging*, created by Sheila Zagar, CEC, Philadelphia, PA.
- 2019 *I Think Not*, created by Deborah Hay, Fidget Space, Philadelphia, PA.
- 2017 *Lick my Gun*, created by Zornitsa Stoyanova, Mascher Space Cooperative, Philadelphia, PA.
- 2012 *I Think Not*, created by Deborah Hay, Unidad De Vinculación Artística, Mexico City.  
*I Think Not*, created by Deborah Hay, Performance Mix Festival, New York, NY.
- 2008 *Curious Fish*, created by Katsura Kan, Mascher Space Cooperative, Philadelphia, PA.  
*Bodies in Urban Spaces*, created by Willi Doerner, Philadelphia Live Arts Festival.
- 2006 *Ensemble Improvisation*, created by Asimina Chremos, Philadelphia Dance Projects, Philadelphia, PA.  
*What a Quaint Scene We Were That Night*, created by PIMA Group, CEC, Philadelphia, PA.
- 2005 *Bardo*, created by Leah Stein Dance Company, Philadelphia Live Arts Festival.  
*Lost Spirits*, created by Ju-Yeon Ryu, Philadelphia Museum of Art.
- 2004 *The Crazy One: A Love Story*, created by Debra Bluth, Boston College.
- 2002 *CHIMERA*lab Theatre Project, created by Jennifer Hicks, Mobius, Boston, MA.
- 2001 *Nightfalling*, created by Brenda Divelbliss, Emerson Majestic Theater, Boston, MA.

## **Grants & Awards**

- 2026 Illuminate the Arts Grant, Office of Arts, Culture and the Creative Economy.
- 2025 Leeway Foundation Window of Opportunity Grant: *Embodying Palestine Solidarity*.
- 2024 Leeway Foundation Window of Opportunity Grant: *Embodying Palestine Solidarity*.  
Leeway Foundation Window of Opportunity Community Care Fund.
- 2023 Leeway Foundation Window of Opportunity Community Care Fund.
- 2022 Dance Studies Association Conference Fellowship.  
Illuminate the Arts Grant, Office of Arts, Culture and the Creative Economy.  
Leeway Foundation Window of Opportunity Community Care Fund.
- 2021 Illuminate the Arts Grant, Office of Arts, Culture and the Creative Economy.  
Leeway Foundation Window of Opportunity Community Care Fund.
- 2020 COVID-19 Arts Aid PHL, Office of Arts, Culture and the Creative Economy.  
Leeway Foundation Window of Opportunity Relief Fund.
- 2016 Ellen Foreman Memorial Award: *Blood, Sea* with the Drexel University Dance Ensemble.
- 2015 Leeway Foundation Art and Change Grant: *WOMEN* with Diyar Theater.  
Puffin Foundation: *Chicken Fight* with Gabrielle Revlock.
- 2013 PEW Center for Arts and Heritage Planning Grant: *The Dance Apocalypse* with Gabrielle Revlock.
- 2012 Live Arts Brewery, subsidized Composition intensive and artist stipend with Susan Rethorst.

## Grants & Awards (continued)

- 2012 Pennsylvania Partners in the Arts, Project Stream Grant: *Deborah Hay Solo Festival*.  
Philadelphia Cultural Management Initiative: *Mascher Space Cooperative Retreat*.
- 2011 A.W.A.R.D. Show! finalist, *I made this for you*, in collaboration with Gabrielle Revlock.  
Dance Advance Professional Development Grant: *March to Marfa intensive with Barbara Dilley*.  
Live Arts Brewery, subsidized *Kalari intensive* and artist stipend with Jayachandran Palazhy.  
New Stages for Dance Initiative theater rental subsidy support for the performance of *Pia Mater*.
- 2010 Dance Advance Professional Development Grant: *Deborah Hay, SPCP, Findhorn, Scotland*.
- 2009 Foundation For Contemporary Arts Emergency Grant: Travel to Beirut to perform in *IRTIJAL'09*.  
Dance Advance Professional Development Grant: *Dance Ranch Marfa* with Lower Left.
- 2008 Dance Advance Professional Development Grant: *Katsura Kan residency* at Mascher Space.  
Dance Advance Professional Development workshop and participant stipend with Deborah Hay.
- 2007 Dance Advance Professional Development Grant: *New Dance/Japan residency* with Corrie Befort.

## Selected Residencies

- 2025 Advanced CI lab for experienced practitioners, Dreaming Stone, Rutherfordton, NC.
- 2024 Advanced CI lab for experienced practitioners, Dreaming Stone, Rutherfordton, NC.
- 2021 Catwalk Art Residency, Catskill, NY.
- 2020 Move Move Collaborative, online.
- 2019 Light Box Residency, Detroit, MI.
- 2019 Open Space Residency, The Whole Shebang, Philadelphia, PA.
- 2018 Guest Artist Residency, University of Wisconsin, Milwaukee.
- 2017 Co-Lab Residency, St. Mary's College of Maryland.
- 2016 The Wedding Space, Berlin, Germany.
- 2007-2016 Mascher Space Cooperative, Philadelphia, PA.
- 2015 Cross Pollination Residency, Philadelphia, PA.
- 2013 Place [Maker] Space residency, Earthdance, Plainfield, MA.
- 2009 Improvisation practice with Asimina Chremos at Silverspace, Chicago, IL.

## Publications

- 2024 *Embodying our Little Legs: the embryology of the genitalia from a nonbinary perspective*; BMC Currents.
- 2023 *The Case for Invagination #3*; Emergency INDEX, Ugly Duckling Presse.
- 2021 *Intentional Reemergence: dreaming the aftertime*; thINKingDANCE.



## Publications (continued)

- 2020 *Death Is Kinda Busy These Days*; thINKingDANCE.  
*In This Moment We Remember and Fortify*; thINKingDANCE.  
*In This Moment We Dream*; thINKingDANCE.  
*In This Moment We Use Our Superpowers*; thINKingDANCE.  
*In This Moment, 'Rich with Terror and Vitality'*; thINKingDANCE.  
*The Splitting of the Moon\*, Like an Old Widower's Heart*; thINKingDANCE.
- 2019 *Embodying Palestine Solidarity*; American Jewish Studies Perspectives.  
*Reflections on the Site/Sound Festival*; Site/Sound blog.  
*Palestinian Dance and the Obfuscation of Somatic Source Material*; Somatics Toolkit.  
*A Non-Binary Guide to Embodying One's Embryonic Gonads*; Somatics Toolkit.
- 2018 *The Sea as a Doorway and a Border*; thINKingDANCE.  
*On Bias and Neutrality in CI*; Contact Quarterly.
- 2017 *A guide to clitoral embodiment*; Journal of Dance & Somatic Practices.  
*Clitoral Embodiment: a non-binary approach to experiencing the genitalia*; Contact Quarterly.  
*The Dance Apocalypse/Solos with Gabrielle Revlock*; Emergency INDEX, Ugly Duckling Presse.  
*Women on the Border of Freedom*; thINKingDANCE.  
*How Does a Clown Deal with Change?*; thINKingDANCE.  
*Being a Pig in the Village*; thINKingDANCE.  
*Killer Sideburns' Stochastic Stars*; thINKingDANCE.  
*Grappling With Whiteness in a Field of Poppies*; thINKingDANCE.
- 2016 *Jerome Bel's Utopia in a Box*; thINKingDANCE.  
*Free Advice and an Interview with Farah Saleh*; thINKingDANCE.  
*Archiving Occupation, Identity and Resistance*, with Hadar Ahuvia; thINKingDANCE.  
*Dancing in Bethlehem: A Diary*; Jewish Currents.
- 2015 *Women*; thINKingDANCE.  
*I hate it*, with Gabrielle Revlock; Curate This.  
*Greg the Creature, the Human*; thINKingDANCE.  
*Jewish American Choreographers Grapple with Zionism and the Nakba*; thINKingDANCE.
- 2014 *Black Girl*; thINKingDANCE.  
*Palestinian Dabke Makes its Way to the Annenberg*; thINKingDANCE.  
*Luscious Sadness*; thINKingDANCE.  
*Ugly Numbers*, three part series on gender inequity in Philadelphia dance presenting; thINKingDANCE.  
*Nation-State as Cell*; BMC Currents.
- 2013 *Context within the content: A zen dilemma? Or a writer's responsibility?*; thINKing DANCE.  
*Restless Narratives in a Funereal Juke Joint*; thINKing DANCE.  
*Horror and Humor in a Fictional Cold-War Society*; thINKing DANCE.

## **Publications (continued)**

- 2013 *Deborah Hay in Philadelphia*, with Gregory Holt; Movement Research's Critical Correspondence.  
2012 *Meaning Reveals Itself (Through the Dance)*; Susan Rethorst project through Bryn Mawr College.  
*I made this for you*, with Gabrielle Revlock; Emergency INDEX, Ugly Duckling Presse.  
*Contact Festival Freiburg Report*, with Joey Lehrer; Contact Quarterly.

## **Selected Teaching and Speaking Experience**

- 2005-2026 *Contact Improvisation*, Rotating local studios, Philadelphia, PA.  
2025 *Embodying Palestine Solidarity*, Cannonball Festival Extension Programming, Philadelphia PA.  
*Myofascial Release in Contact Improvisation*, Baza space for choreographic research, Sofia, Bulgaria.  
*Myofascial Release in Contact Improvisation*, West Coast Contact Improvisation Jam, Berkeley, CA.  
*CI and Attunement: consent as an embodied practice*, Ontario Regional Contact Jam, Toronto, ON.  
*Embodying the Organs in Voice and Contact Improvisation*, WildHeart, Wallkill, NY.  
2024 *Embodying Palestine Solidarity*, Movement Research and YallaPunk, New York, NY.  
*Myofascial Release in Voice and Contact Improvisation*, WildHeart, Wallkill, NY.  
*Museum Mindfulness*, Philadelphia Museum of Art, Philadelphia PA.  
*Embodying Palestine Solidarity*, Chicago Dancemaker's Forum, Chicago, IL.  
*CI and Attunement: consent as an embodied practice*, CI Study Hall, Chicago, IL.  
2024 *Embodying the Endocrine System*, Vox Populi, Philadelphia, PA.  
2023 *Embodying Neuroqueer/Neuroqueering Embodiment*, International Theatre Institute, Berlin, Germany.  
*Embodying Neuroqueer/Neuroqueering Embodiment*, Wawerskie Centrum Kultury, Poland.  
2022 *Collectivity/Invagination*, Ponderosa, Lunow-Stolzenhagen, Germany.  
*Contact Improvisation and Consent Training*, CI Leipzig Community Workshop, Germany.  
*Embodying Neuroqueer/Neuroqueering Embodiment*, Sandberg Instituut, Amsterdam, Netherlands.  
*Scar Talk*, University of Roehampton, London, UK.  
*Lecture on Palestinian Contemporary Dance*, Dance Studies Association Conference, Vancouver, BC.  
*Somatics and Improvisation*, Cornish College, Seattle, WA.  
*Matching Tone/Matching Power*, CI Eugene Community Workshop, OR.  
*Blood, Sea*, CI@50, Oberlin College, OH.  
*Scar Talk*, Body-Mind Centering Conference, online.  
2021 *Conversation with Nicole Bindler*, ACT / RE / ACT PODCAST.  
*Polyvagal Theory and Protest*, Sandberg Instituut, Amsterdam, Netherlands.  
*Clitoral Embodiment*, Wawerskie Centrum Kultury, Poland.  
*Clitoral Embodiment*, Somatische Akademie Berlin, Germany.  
*Clitoral Embodiment*, Somatic Kin, Bern, Switzerland.

## **Selected Teaching and Speaking Experience (continued)**

- 2021 *Intentional Reemergence: dreaming the aftertime*, Future of CI Conference, online.
- 2020 *Consent Culture; CI and Body-Mind Centering*, Warsaw CI Flow International Dance Festival, online.  
*Beyond Sex: consent as liberation*, Consent Culture in Contact Improvisation Symposium, online.  
*Somatic Aesthetics & Polyvagal Theory and Protest*, Freeskewl, online.  
*The Embryology of Voice and Hearing*, Move Move Collaborative, online.
- 2019 *Clitoral Embodiment*, Body IQ Festival, Berlin, Germany.  
*Contact Improvisation and Consent*, Contact Impro Leipzig, Germany.  
*Improvisation for Mixed Abilities*, Tanzlabor Leipzig, Germany.  
*Clitoral Embodiment*, Rosa Linde, Leipzig, Germany.  
*Contact Improvisation and Consent & The Immune-Neuro-Endocrine System*, CI Warsaw, Poland.  
*Somatic Aesthetics*, Mascher Space's 155 Swan Song Festival, Philadelphia, PA.  
*Matching Tone/Matching Power*, Body-Mind Centering Festival, Albany, NY.  
*Disability Justice*, International Conference on Disability Studies, Arts & Education, Philadelphia, PA.  
*Embodied Palestine Solidarity*, Conney Conference on Jewish Arts, New York, NY.  
*Somatic Aesthetics*, Light Box, Detroit, MI.  
*Blood, Sea*, Collective Sweat, Detroit, MI.  
*The Deadly Exchange*, YallaPunk, Philadelphia, PA.  
*Spiritual Bypassing Lecture*, Ontario Regional Contact Improvisation Dance Jam, Toronto, Canada.  
*Clitoral Embodiment*, Women in Dance Leadership Conference, Philadelphia, PA.  
*Blood, Sea & Contact Improvisation and Consent*, Potsdam Contact Improvisation Jam, Germany.  
*Clitoral Embodiment*, Ponderosa, Lunow-Stolzenhagen, Germany.  
*Blood, Sea*, Berlin Contact Improvisation Festival, Germany.  
*Matching Tone/Matching Power*, Links Hall, Chicago, IL.  
*Embodied Anatomy*, Drexel University, Philadelphia, PA.
- 2018 *Disability Justice*, Falling Leaves Jam, Earthdance, Plainfield, MA.  
*Contemporary Dance & Composition*, University of Wisconsin, Milwaukee.  
*Embodied Palestine Solidarity*, University of Minnesota, Minneapolis.  
*Embodied Palestine Solidarity*, Hamline University, St Paul, MN.  
*Embodied Palestine Solidarity*, Jews and Jewishness in the Dance World, Arizona State University.  
*Improvisation technique*, Arizona State University.  
*Contact Improvisation*, Texas Dance Improvisation Festival, Texas Women's University.  
*Embodied Palestine Solidarity*, University of Texas, Austin.  
*Clitoral Embodiment*, Goldsmith's University, London, UK.  
*Blood, Sea*, Ontario Regional Contact Improvisation Dance Jam, Toronto, Canada.  
*Blood, Sea*, The Place, London, UK.  
*Clitoral Embodiment*, Dock 11, Berlin, Germany.



***Selected Teaching and Speaking Experience (continued)***

- 2018 *Contact Improvisation and Consent*, Radical Contact, Gothenberg, Sweden.  
*Contact Improvisation and Consent*, Finnish Hall, Berkeley, CA.  
*Clitoral Embodiment*, Body-Mind Centering Association Conference, Northampton, MA.
- 2016-2018 *Dance Improvisation*, University of Pennsylvania PennArts program, Philadelphia, PA.
- 2017 *Embodying Equity*, Falling Leaves Jam, Earthdance.  
*Embodied Palestine Solidarity*, Bodily Undoing Symposium, Bath Spa University, UK.  
*Clitoral Embodiment*, Body-Mind Centering Festival, Albany, NY.  
*Embodied Embryology*, Texas Dance Improvisation Festival. Texas Christian University.  
*Ensemble choreography*, Drexel University, Philadelphia, PA.  
*Contemporary Dance & Composition*, St Mary's College of Maryland.
- 2016-2017 *Body-Mind Centering*, Pennsylvania chapter, Dance Movement Therapists Association.
- 2013-2017 *Dance Science and Somatics*, Temple University, Philadelphia, PA.
- 2011-2017 *Improvisation; Experiential Anatomy; Somatics & Yoga*, University of the Arts, Philadelphia, PA.
- 2016 *Contemporary Dance Performance Practice*, University of Pennsylvania, Philadelphia, PA.  
*Embodied Embryology*, The Mutter Museum, Philadelphia, PA.
- 2015 *The Embodied Activist*, iLand, New York, NY.
- 2014-2015 *Anatomy for Asana*, Nahed Elias Bandak Yoga Studio, Bethlehem, Palestine.  
*Dance technique; Composition*, Diyar Dance Theater, Bethlehem, Palestine.
- 2007-2014 *Somatics & Performance Practice*, Wild Meadows Improvisation Intensive, Schellsburg, PA.
- 2013 *Somatic Aesthetics: Composing from Within*, Earthdance Moving Arts Lab, Plainfield, MA.  
*Somatic Aesthetics: Composing from Within*, Cultivate Festival, Bethlehem, NH.  
*Somatic Aesthetics: Composing from Within*, SOS Festival, Shepardstown, WV.
- 2012 *Somatic Aesthetics: Contact Improvisation and Composing from Within*, Capital Jam, Washington, D.C.
- 2011 *Contact Improvisation*, Contact Festival Freiburg, Germany.  
*Gender Inequity in Contemporary Dance*, Moore College of Art and Design, Philadelphia, PA.  
*Embodied Anatomy Yoga*, Estudio Gabriela Morales Rosario, Argentina.  
*Contact Improvisation*, San Telmo Studio, Buenos Aires, Argentina.
- 2010 *Embodied Anatomy*, nEW Festival, Philadelphia, PA.  
*Contact Improvisation*, Ursinus College, Collegeville, PA.  
*Free-Improvisation for Musicians and Dancers*, Bowerbird, Philadelphia, PA.  
*Contact Improvisation*, Estudio Gabriela Morales, Rosario and Buenos Aires, Argentina.
- 2008 *Contact Improvisation & Performance Practice*, Grassroots Studio, Seattle, WA.
- 2005 *Contact Improvisation*, Buenos Aires, Rosario, Cordoba & Jujuy, Argentina.
- 2004 *Contemporary Dance*, Green Street Studios, Cambridge, MA.
- 2003 *Contact Improvisation*, Before the Jam series, Cambridge, MA.  
*Contemporary Dance*, Links Hall, Chicago, IL.

## **Selected Professional Development**

- 2022-2025 *The Spirit of Anatomy*, George Russell, New York, NY.
- 2024 *Feldenkrais*, Jimena Paz, Movement Research, New York, NY.  
*Horizons*, Irene Dowd, Movement Research, New York, NY.
- 2023 *Contact Improvisation*, K.J. Holmes, Movement Research, New York, NY.  
*Contact Improvisation*, Taja Will, The Whole Shebang, Philadelphia, PA.
- 2022 *Axis Syllabus*, Nuria Bowart, The Field Center, Bellows Falls, VT.
- 2021 *Improvisation intensive*, Megan Bridge, Fidget Space, Philadelphia, PA.
- 2019 *Choreography for Warming-up to Dance*, Irene Dowd, Movement Research, New York, NY.
- 2018 *Release your Voice Intensive*, Elissa Weinzimmer, online.  
*Moving's View*, Nancy Stark Smith and Karen Nelson, Earthdance, Plainfield, MA.
- 2017 *The Edge is a Field*, Deborah Hay, Movement Research, New York, NY.  
*Contact Improvisation*, Neige Christenson, Performance Garage, Philadelphia, PA.
- 2016 *Repertory workshop*, Boris Charmatz, Drexel University, Philadelphia, PA.
- 2015 *Contact Improvisation*, Nancy Stark Smith, University of the Arts, Philadelphia, PA.
- 2014 *Dance intensive*, Luciana Achugar, Mascher Space Cooperative, Philadelphia, PA.
- 2007-2014 *Bartenieff Fundamentals*, Sharon Mansur, Wild Meadows, Schellsburg, PA.
- 2007-2014 *Viewpoints*, Cyrus Khamabta, Wild Meadows, Schellsburg, PA.
- 2013 *Franklin Method*, Shannon Murphy, Mascher Space Cooperative, Philadelphia, PA.  
*Composition*, Michelle Boulé, Mascher Space Cooperative, Philadelphia, PA.  
*Ensemble Thinking*, Lower Left, Falls Bridge Festival, Philadelphia, PA.
- 2012 *Improvisation*, Ishmael Houston-Jones and Yvonne Meier, Falls Bridge Festival, Philadelphia, PA.  
*Composition*, Susan Rethorst, Live Arts Brewery, Philadelphia, PA.  
*Performance Practice*, Deborah Hay, Philadelphia, PA.
- 2011 *Composition*, John Jasperse, Live Arts Brewery, Philadelphia, PA.  
*Red Square*, Barbara Dilly, Marfa, TX.  
*Contact Improvisation*, Karen Nelson, Contact Festival Freiburg, Germany.  
*Solo Performance Commissioning Project*, Deborah Hay, Findhorn, Scotland.  
*Yoga; Bharatanatyam & Kalari*, Jayachandran Palazhy, Live Arts Brewery, Philadelphia, PA.  
*Improvisation*, K.J. Holmes, Falls Bridge Festival, Philadelphia, PA.
- 2010 *Axis Syllabus*, Kira Kirsch, Mascher Space Cooperative, Philadelphia, PA.
- 2009 *Ensemble Thinking*, Lower Left, Marfa, TX.
- 2008 *Butoh*, Katsura Kan, Mascher Space Cooperative, Philadelphia, PA.  
*Composition*, Miguel Gutierrez, Mascher Space Cooperative, Philadelphia, PA.  
*Performance Practice*, Deborah Hay, Mascher Space Cooperative, Philadelphia, PA.
- 2007 *Butoh*, Yoshito Ohno, Yokohama, Japan.
- 2005 *Ordinary/Extraordinary Theater workshop*, Pig Iron Theater Co., Philadelphia, PA.

## Selected Bibliography

- 2024 Donovan, Lu "Modern Dance, Zionism, And A Free Palestine," *thINKingDANCE*, January 15
- 2023 Mason, Ella-Gabriel, "Locating The Sea Inside," *thINKingDANCE*, June 21
- 2020 Pathak, Preeti, "Primordial Pasts To Future Visions At The PMA," *thINKingDANCE*, February 10
- 2019 Bush, Leslie, "Single Thing, Infinite Folds," *thINKingDANCE*, November 2
- 2018 Hopfield, Maddie, "Swimming Toward Meaning," *thINKingDANCE*, May 15
- 2016 Stein, Jonathan, "Empowered Responses To Occupation From Palestinian Contemporary Dance," *thINKingDANCE*, November 29
- Stern, Megan, "Dropping Into Everything," *thINKingDANCE*, June 1
- 2015 Stoyanova, Zornitsa, "Performing The Self In Rage – The Life Of An Artist," *thINKingDANCE*, December 1
- Surkan, Karl, "Interview With The Dance Apocalypse," *thINKingDANCE*, November 12
- Gaydos, Katie, "Nicole Bindler and Gabrielle Revlock's The Dance Apocalypse/Solos at JACK," *Culturebot*, April 13
- Batson, Quinn, "Not What You Were Expecting Dance Apocalypse present Solos at JACK, OFFOFFOFF Dance, April
- 2014 Totino, Adrienne, "Philadelphia duo uses humor in a work about beauty and competition," *Pittsburgh Examiner*, July 28
- Chantelois, Miranda, "SIDF Culminates With a Bang," *Seattle Dances*, June 27
- Jamison, Mikala, "The Dance Apocalypse: You never know what you're gonna get," *Philadelphia City Paper*, April
- Chenoweth, Ellen, "Performance Art Physical Education," *thINKingDANCE*, April 7
- Algorri, Rita, "CardioCreativity (Dance Apocalypse): A Not-So-Blue Monday," *Phindie*, March 26
- 2013 Weber, Becca, "Questioning Conventions, And Questioning The Questioning At Scratch Night," *thINKingDANCE*, March 13
- Weber, Becca, "Improvisation For All Tastes?" *thINKingDANCE*, January 28
- 2012 Weber, Becca, "I Think Not, I Think Not, I Think Not," *thINKingDANCE*, November 28
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